

home & family services include...

**EMAIL COUNSELLING**

counselling@homeandfamily.net.nz

**EMERGENCY ACCOMMODATION PROGRAMME FOR FAMILIES IN CRISIS**

for women + children, men + children & families.  
Our residential family work team provides specialised support & life skills programmes

**PARENTING COURSES** Four week creative parenting courses using the Positive Parenting Programme and looking at practical effective strategies for common behavioural problems

**SUPPORTING FATHERS** - *fostering positive fatherhood*

One-to-one appointment with Don Rowlands, family counsellor

**STEP PARENT SUPPORT & EDUCATION**

**GROUP** Meets monthly, 7.30pm at Home & Family.  
Facilitators: Don Rowlands, family counsellor and Wendy Duder, parent educator.

**PERSONAL DEVELOPMENT COURSES**

For men and women Phone 379 5645 for details

**TE WHARE MANAAKI TANGATA**

**Counselling - Education - Emergency Accommodation**

221 Manchester St PO Box 287 Christchurch

t: 379 5645 f: 366 7371

e: info@homeandfamily.net.nz

counselling@homeandfamily.net.nz

Look us up on the web -

**www.homeandfamily.net.nz**



**OUR MISSION**

Offering accessible strengths based social services that enable people to make a positive difference in their lives, their families and communities.

**OUR VISION**

Creating healthy, safe families and communities by working together, appreciating who we are and what we have, discovering our dreams and building the strength and ability to turn them into reality.



**Donations**

Home & Family relies on donations through Trusts and Foundations, Companies and Individuals for 85% of the income needed to provide our services. Your donation will help to ensure we can continue to provide support to our community.

If you would like to make a donation send your cheque to Home & Family Society Inc. PO Box 287, Christchurch. Attention: Lynne Trowbridge, Fundraising Manager, or you can contact Lynne on (03) 379 5645.

**To donate online**

**www.homeandfamily.net.nz**



“The great thing  
in this world  
is not so much  
where you stand,  
as in what direction  
you are moving”

OLIVER WENDELL HOLMES

**Groups, Courses & Services  
- TERM TWO, 2008 -**

# Counselling



Professional counselling, payable by donation for individuals, children & families, including Relationship Counselling for couples.

**Now available - email counselling**

counselling@homeandfamily.net.nz

# Emergency Supported Accommodation



**Supported Emergency Accommodation House...** our large family house offers women & their children both emergency accommodation

& comprehensive social work support. Staffed 24 hours a day, families stay from a day to six months.



**Family Flats...** Home & Family have two separate self contained flats available for Mums, Dads and kids, or small family groups

# Parenting Course



**4 week Course on 4 Friday mornings  
May 9, 16, 23 and 30  
9.30 - 11.30am at Home & Family**

Looking at practical effective strategies to manage common behavioural problems.

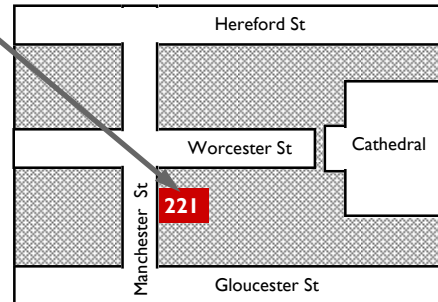
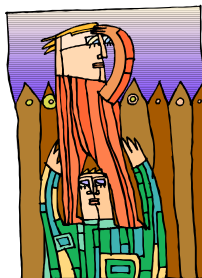
**Suitable for parents of children 2-12 years**

\$45 for the course + workbook



**Unable to keep your appointment?  
Please give the office  
24 hours notice - phone 3795645**

**WE ARE HERE**



# Support Group

## STEPPARENT SUPPORT GROUP



meets monthly 7.30 - 9pm  
at Home & Family, ph 379 5645

**Wednesdays, April 9 & May 14**  
"Stepfamily Discussions"

Facilitators:

**Don Rowlands** M.A., M Ed, MNZAC, Family Counsellor  
**Wendy Duder** Dip ECE Reg. CAT, Parent Educator

# supporting fathers

**Home & Family fosters positive fatherhood**

One-to-one appointments with Don Rowlands (Family counsellor)  
**Ph 379 5645**

