

home & family services include...

PROFESSIONAL COUNSELLING

payable by donation for individuals, children & families, including Relationship Counselling for couples

EMAIL COUNSELLING

counselling@homeandfamily.net.nz

EMERGENCY ACCOMMODATION

PROGRAMME FOR FAMILIES IN CRISIS

for women + children, men + children & families. Residential family work team provides specialised support & life skills programmes

PARENTING COURSES

Four week creative parenting courses using the Positive Parenting Programme and looking at practical effective strategies for common behavioural problems

CARING FATHERS

- fostering positive fatherhood One-to-one appointment with Don Rowlands, family counsellor

LIFEMAPPING

Six week self confidence course for women.

Facilitator:
Madeline Bass-Podger

Look us up on the web -
www.homeandfamily.net.nz



TE WHARE MANAAKI TANGATA

COUNSELLING - EDUCATION
EMERGENCY
ACCOMMODATION

221 Manchester St Christchurch
t: 379 5645 f: 366 7371
e: info@homeandfamily.net.nz
www.homeandfamily.net.nz

step parent support & education group



learning to live successfully with
other people's children.



meets monthly @
home & family
221 manchester st
christchurch
phone 379 5645

MEETING TOPICS

grief & loss

other people's children

legal & financial issues

*constructive
communication
with ex-partners*

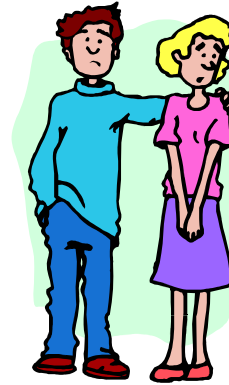
*creating the new
family,
rituals & traditions*

step family realities

surviving as a couple

*personal space &
togetherness*

*"Let's be one
big happy
family!"
...exploding the myths.*



*"We've always
done it like this!"
... rituals & traditions*

*You're not my real father!"
... discipline*

*"Just leave me alone!"
...boundaries*

*"She's my mother,
not yours!"
...jealousy*



Facilitators

don rowlands

*M.A. M.Ed. (Counselling) Member
N.Z.A.C.*

*father of 4 adult children and
step parent,
14 years as a school and
family counsellor.*

wendy duder

*Dip ECE Reg. CAT
parent educator*

*step parent support & educa-
tion group meets monthly at*

*home &
family*

*2nd floor, 221 manchester st
christchurch*

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