



Never doubt that a small group
of thoughtful, committed citizens
can change the world

Indeed, it is the only thing
that ever has

Margaret Mead
Anthropologist

ANNUAL REPORT 2006-07





Children

Take care of the children
Take care of what they hear
Take care of what they see
Take care of what they feel
For how they grow,
So will be the shape of Aotearoa

Dame Whina Cooper

Our mission & vision

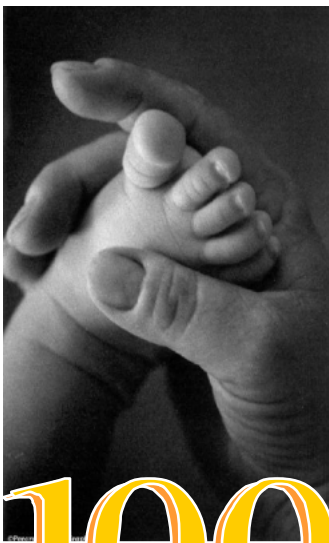


Offering accessible strengths based social services that enable people to make a positive difference in their lives, their families and communities.



Creating healthy, safe families and communities by working together, appreciating who we are and what we have, discovering our dreams and building the strength and ability to turn them into reality.





100

YEARS 1908-2008

*Celebrating a century of
service to the community*



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**In 2008
the Home & Family Society
celebrates 100 years
of social service
to NZ families**



Some of our history...

- **Home & Family was originally known as** the Society for the Protection of Women & Children (S.P.W.C.). In 1898 S.P.W.C. merged with the Society for the Prevention of Cruelty to Animals (S.P.C.A.) and became known as The New Zealand Society for the Protection of Women and Children and the Prevention of Cruelty to Animals. For the next 28 years they were administered by one Committee with two honorary Inspectors overseeing the work of each.
- **In 1900... an important new object was added** to the Society's mandate - "To act as Trustees and Guardians of illegitimate children". From the outset the Society was authorised to collect and disburse maintenance moneys to wives and children separated from their husbands and fathers.
- **Also in 1900** The Society was successful in its bid to include the act of incest in the Crimes Act.
- **During the 1900's through the influence** and persuasion of the Society the age of consent was raised from 14 to 16 years and Children's Courts were established.
- **In the 1940's the Society stated** that representations made to the government for the need of improved State maternity Services had proven fruitful. "Provision of sustenance payments for unemployed women and the admission of women into the Police Force, resulted from the urgings of the Society."
- **In 1955 the Annual Report stated** that the Society's name has changed to "The N.Z. Society for Protection of Home and Family (Inc)." The reason being that - "Today under changed circumstances, the old name does not convey the true objective of the organisation. Our assistance is extended equally to men, women, and children. The report went on to say that - Sometimes, men are *not* the cause of family discord..."
- **The 1980's ... A new development** was in the area of Family Court work - handling conciliation matters involving separating people and helping them reach agreement.
- **A Report stated that a study** of 30 cases of battered wives was conducted and, with the information gained from this, the Society was asked by the police to be part of their training programmes dealing with the handling of domestic disputes"
- **Working with Stepfamilies** began as far back as the 1980's & continues today.

Home & Family has always been a grassroots community agency and is one of the few places offering professional counselling for children, families, couples and individuals, payable on a donation basis



Mary Caldwell

President

Work Experience:

- 25 years *Department of Social Welfare*

Leadership Roles:

- *Past Chairperson of local Parish Council*
- *Family Group Leader*
- *National Secretary of Voluntary organisation*
- *Vice-Chairperson of voluntary organisation*
- *Assisted with the organisation of local & national conferences*

Training/Awards:

- *Facilitation Interviewing*
- *Group Leadership Skills*
- *Management Skills*
- *Community Service Award from Burwood/Pegasus Community Board*

Time on Committee: 6 yrs

From the President...

The Home and Family Executive Committee currently have seven voluntary committee members who bring with them a wide variety of life skills, as well as professional skills. Some members have come to our Executive Committee as representatives from both the Catholic and Methodist Churches; other members from the business and social services sectors. We are greatly blessed by the variety of gifts and talents that our members bring and so generously share. In the past twelve months we welcomed onto the Executive Committee Andrew Donaldson and Philip Duval. The manager of Home and Family is an ex-officio member of the Executive Committee who has speaking rights, but does not have voting rights.

The past year has been a challenging and busy one with normal monthly meetings, as well as special meetings, to assist and enable Home and Family to achieve and reach its goals. A special sub-committee was formed as we prepare to celebrate next year, 100 years of helping those in need in our community. The Centenary provides an opportunity to raise awareness of the Society and its work and to ensure that

support for Home and Family continues into the future.

In October I attended, with Lynne, our Fundraising Manager, a FINZ Southern Division Meeting, the Guest Speaker's presentation being on "The role of the CEO (or Chairperson) in Fundraising". Many points were raised including the importance of a mentor for a Fundraiser and the "Donor Pyramid".

Over recent months we have been looking at allocating "portfolios" to committee members whereby individual members can develop expertise in certain aspects of Home and Family Services. We hope to implement this shortly.

Committee members appreciated the opportunity to attend the Strategic Planning Day on 15 March 2007. This was a great opportunity to learn more about our staff's achievements as well as what they wish to see achieved in the future.

I have been very impressed with the extremely high percentage of favourable comments recorded on Evaluation Forms, thus reinforcing for the Committee the excellent work being carried out by our caring staff.

Demands for our services have increased, but there has been more and more competition for the funding dollars. Generally,

funding across the sector is much more difficult to come by at the present time. Some of our Funders have acknowledged that there are fewer funds available for distribution.

A big thank you to all our dedicated staff for their achievements over the last twelve months. To our volunteers and our supporters we express our appreciation for helping us in our endeavours to work towards inspiring people to make a positive difference in their own lives and in the wider community.

Members of the Executive Committee have given many hours of faithful service over the past year and are committed to the future of Home and Family and its core values. I have appreciated their support and loyalty.

Thank you.



Janine MacLeod

Manager

Dip. Bus. Studies, Cert. Soc. & Com. Studies, Adv. Cert. Counselling.

Janine has held a variety of successful management positions within the public service and the not-for-profit sector, mostly in the social service setting. She has also project managed several successful projects, and has been a committee member of the Christchurch Community House Board and the Cogs Rural Funding Committee. She has extensive experience in providing training in both a group and 1-1 setting.

From the Manager...

The last twelve months have continued to be a very busy time for the Agency, resulting in 6% more clients seeking support this year than in the previous twelve months.

Our counselling services delivered 1911 counselling hours during the twelve months ended March 31, 2007. More men are continuing to access our services, now one third of our clients are male, and 10% of all clients identify as Maori. Requests for services for children and adolescents have been particularly high, at times the demand was such that they had to be put on a waiting list.

Our email counselling service is now fully operational and proving an excellent forum for people who are unable to access counselling face to face. Feedback to date has been very encouraging. I would anticipate the uptake for this service to increase as people become more aware of the service and more familiar with receiving counselling using this medium.

Evaluations received over the last 12 months reflect that the vast majority of our clients are very satisfied with the services received. Many thanks need to go to all of our counselling staff. Whether they are paid staff, volunteers or students, they have all contributed immensely in helping the Agency continue to provide a valuable and professional service.

Accommodation requests continue to be on average 1 to 2 per day. There is an urgent need for more resources in this area. This service helps to address an area of critical

social need in the city, providing support to families at risk. Through the hard work and dedication of the residential team we have had some significant successes with assisting a number of families to stay together and transition back to living independently within the community. Many thanks to this wonderful team!

We continue to offer parenting courses and personal development workshops each term. We also offer a monthly support group for stepparents, as well as our Caring Fathers support. Thanks to our group facilitators for doing some excellent work with these groups.

Fundraising continues to occupy a lot of time and the agency took a major step forward in employing a full time fundraiser in June 2006. Part of her role is to look at longer term sustainability for the agency. This is a timely process, but we are looking forward to reaping the benefits of her endeavours, in due course.

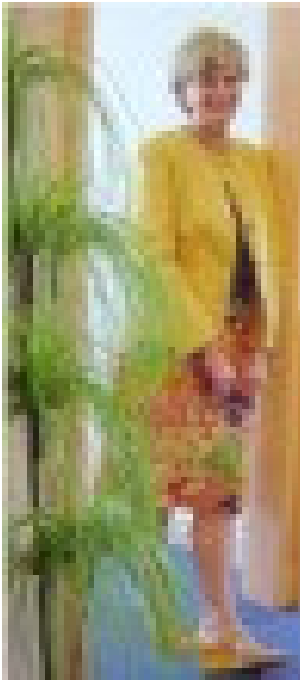
A huge thank you to Bill who tirelessly volunteers his time each week to update our payroll and accounts systems. We really appreciate all of his efforts to keep our books in order.

A major project over the last 12 months has been working towards extending our social housing portfolio. I would like to thank Housing New Zealand for their support for this project. We are continuing to develop this project with a view to purchasing social housing units within the next 12 to 18 months. Part of this process is to identify another significant partner in the community who will assist us to meet this goal.

Thank you to our office administrator. As the first point of contact for most of our clients, she provides a welcoming, reassuring atmosphere for them. Along with completing her administration duties, her creativity ensures that our pamphlets and thank you certificates stand apart from the rest. Our gratitude also to Gaylene who helps out where needed and keeps us clean and polished at all times.

I also wish to thank the Executive Committee for their dedication and support for me and the work of this agency.

In summary the past year has been a very positive one for the agency, there has been a consolidation in services, exploration of some new opportunities, and the introduction of new systems to enhance our professionalism and accountability.



Lynne Trowbridge ***Fundraising Manager***

- Married with 3 children
- South Island Fundraising Team Leader – Royal New Zealand Foundation of the Blind 7.5 yrs
- FINZ Member
- 15 Yrs office admin/management
- Liberal Studies - Canterbury University
- Student Pilot License

Voluntary work:

- Committee member/event organiser NZ Pistol Assoc.
- Southern Ballet Supporter
- Life skills experience for students with learning disability
- Teacher aide

Convenor:

- National / International Competitions & Events

From the Fundraising Manager...

It has been a busy time for me since joining Home and Family in June 2006, getting to know the culture of the organisation and becoming better informed about the valuable work they do in the community has been an important part of my time here to date.

This year has seen a small increase in the amount of income received from grants and donations. However, there is an urgent need to grow our income in order to meet the increased demand for our services. One of my priorities, in addition to applying for funding from our traditional sources, is to broaden our fundraising base.

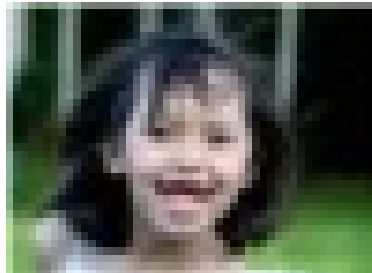
Some new fundraising initiatives have been instigated during the year, including our first Online Charity Auction via Trademe, an email appeal to schools, selling The Entertainment Book, approaches to notable individuals in our community and an appeal for support to all Rotary and Lions Clubs. Limited financial results have resulted thus far. However, other opportunities presented through these events, such as building our profile in the business community, increased community awareness etc. form the basis for increased success in the future.

At this point in time our main source of funding still lies with our traditional funding sources and indeed we could not continue to provide the quality or quantity of service that we do without their continuing support.

On behalf of Home and Family I extend our grateful thanks to all of our various funders, both large and small, you have helped us to make a difference in our community.

Thank you to all our hugely generous friends and supporters!

- Aldred Methodist Women's Fellowship
- ANZ Staff Foundation
- Bendigo Valley Sport and Charitable Foundation
- Canterbury Foundation Ltd
- Casino Charitable Trust
- Catholic Women's League
- Caversham Foundation
- Christchurch City Council
- COGS
- Community Partnership Fund
- Community Post
- Eureka Trust
- George Mitchell Trust
- Goldaire Appliances
- Housing Innovation Fund
- Hyman Marks Trust
- Jack and Marjorie Ferrier Trust
- Jones Foundation
- Lion Foundation
- J R McKenzie Trust
- Keith Laugesen Trust
- Loefs Bakery
- Lottery Grants Board
- McKenzie Charitable Foundation
- Mairehau Ladies Probus Club
- Maurice Carter Trust
- Megawatt Café
- New Brighton Lions Club
- New Zealand Community Trust
- Philip Brown Trust
- Pub Charity
- Rotary Club of Christchurch
- Rotary Club of Garden City
- Scottwood Group
- George Sevicke Jones Trust
- Springhill Trust and Frimley Foundation
- St Marks Methodist Church
- St Andrews Church
- Telecom
- The Canterbury Community Trust
- The Southern Trust
- The Trust's Charitable Foundation
- Twigger Women's Refuge Fund
- United Way
- Upper Riccarton Methodist Women's Fellowship
- Vernon Willey Trust et al





Lindsay Strathee

C.L.U., A.F.P.

Lindsay is one of the directors of the Premier Financial Group Ltd and brings to Home & Family his extensive business expertise and experience, as well as a record in service to the community.

He has been married to Sally (who is an independent midwife) for 25 years and they have three children James, Andrew and Jessica.

From the Treasurer...

I am pleased to be able to present the Accounts for the Home and Family Society for the year ending March, 2007.

The Accounts show that we have halted the 7.5% decline in income reported last year with an increase of 2%. This is significant when compared to numbers of organisations similar to ourselves showing continued declining income with the ever increasing competition for the charitable dollar and the continued decline in "Pub Charitie's" revenue income.

The Committee's move to create a full time fundraising position a year ago is starting to pay dividends. The online auction trialled over the year is expected to continue to grow.

Overall expenses were up 6% due mainly to wages and salaries which account for 73% of total expenses.

The society has utilised its revolving credit facility over the year to meet

the income shortfall. The committee is aware that this is not an ideal situation however, prudent stewardship in previous years has made this possible.

During the year the two Flats were re-valued showing a good increase over purchase price.

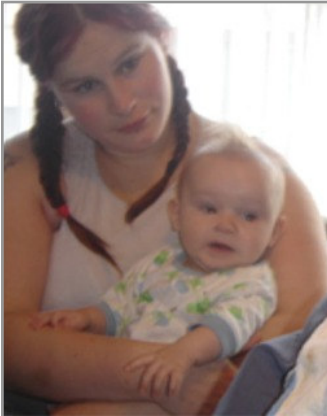
The Society has put considerable effort into an application to Housing New Zealand for a grant to enable the Society to develop a Social Housing partnership with Housing New Zealand. At the time of application in June we were told to put this on hold until the next funding round, as this year's allocation had gone to Northland.

We are heartened however with the recent Canterbury Community Trust's \$20 million anniversary allocation to sustainable Housing partnerships and will vigorously pursue the options available to the Society.

The Society has changed its accounting system over to MYOB to enable easier internal management of data and simpler transfer of information to accountant and auditor.

As always my report would not be complete without acknowledging the faithful voluntary work that Bill Delany does on a weekly basis in maintaining the Society Accounts.





Accommodation Statistics 2006-07

18	Families accommodated
1,967	Bednights @ the House
1,637	Bednights @ the Flats

3,604 TOTAL

Age %

0-3	43%
3-10	12%
11-21	21%
22-30	14%
31-40	10%
	100%

Ethnicity %

NZ	12%
NZ E	40%
NZ Maori	48%
	100%

The Emergency Supported Accommodation Programme

The House

Home & Family's house is staffed 24/7 by a social work team and accommodates up to five women and their children in a safe and secure environment. For many women this may be the first opportunity they have had to take stock and find the personal space to address issues of concern in their lives. They may be needing support with alcohol and drug abuse, domestic violence and/or social dislocation. Home & Family are able to offer the opportunity of individual counselling as well as parenting and self development courses to give them skills and information to use for their own and their children's future.

The Flats

Home & Family have two flats for Dads & kids, Mums with teenagers or for small family groups. The flats are situated close to the big house and greatly increase our capacity to provide assistance to families in crisis.



A letter from our files...

I came to Home & Family at the age of 28. I was broken, worn down and exhausted from my heavy alcohol use and dealing with the daily struggles of being mentally unwell.

The Home & Family social worker worked hard with me for the following five years. She showed me how my mental health issues and alcohol use were the starting point in getting help. Through her I endeavoured on a journey learning about my mental health and drinking.



I did a rehabilitation programme and managed to get regular therapy through the South Sector base. For the first time in my life things started to make sense. It wasn't plain sailing as there were many ups and downs but Home & Family was right there by my side supporting me through those rough times.

I can't praise your help and those of your staff enough. Without them I know I would be in a very dark place. It is now five years on, I still have hard days, but I can always draw on what Home & Family has given me, a sense of hope, love and a will to survive.

So, thank you, Home & Family... there is so much more I could write but it would have to be a novel. Maybe that's a goal – you will be the first to get a copy.

Thanks for giving me back my life.

Name withheld

Family Counselling

Home & Family provides professional counselling for individuals, young people, children & families, including relationship counselling for couples.

One of the trends our family counselling team have noticed this year is an increase in the number of children coming to counselling. Up from 8% to 10% of our client intake is now children and teenagers.

There's also been an increase in the number of men accessing our services. Up from 31% to 42%.

Home & Family's kaupapa is to provide a professional service to all people, regardless of their background, culture or economic circumstance. For this reason counselling services are payable on a donation basis.



Ruth Barber

Post Graduate Diploma Counselling Psychology, M.A. Counselling Psychology, M. Sc. Psychology of Health & Mental Performance, B Sc Psychology

Ruth joined the agency this year as a family therapist having recently moved to New Zealand from the UK with her husband and two year old daughter. In England she worked with children, families and individuals in large government agencies as well as in private practice.

She is a senior family therapist with wide experience in the field of individual and family assessment and therapeutic intervention.

Don Rowlands

M Ed. MNZAC, Counselling, Family Therapist



Don has worked as a Family Counsellor and School Guidance Counsellor for twenty years. In addition to his Masters in Education, he has a Certificate in Counselling from the University of Canterbury. He is a member of the NZ Assoc. of Counsellors & a registered Family Court Counsellor.

He has also undertaken advanced training in Imago Therapy for couples and completed a Certificate in Community Mental Health with an endorsement in childhood & adolescent issues.

Don teaches the Vision College Family and Marriage programme for their Diploma in Counselling, and is a Course Facilitator for the Myers Briggs Personality Indicators. Don is an experienced group presenter and leads the "Triple P" Parenting Courses here at Home and Family and also co-facilitates the Step Parent Support Group, which meets monthly at our rooms.

Mareile Stoppel

M.Ed. Distinction) Cert. Counselling

Mareile works with adults, adolescents and children, with an emphasis on the use of art and colour, shape and form. Her room has been set up as a play therapy space. She says "Play is the primary way that children define their world, develop physical and mental skills, learn about social norms such as trust and fairness, and understand how things work in the world."

Sandplay Therapy is a therapeutic technique that is regarded as play by the children who use it. It is a systematic approach that allows children to express themselves and be acknowledged in a non-verbal symbolic, playful way.





Counselling statistics 2006-07

New Clients	510
Counselling hours	1911
Age %	
3-10	10%
11-21	12%
22-30	17%
31-40	29%
41-50	22%
51-60	8%
60+	2%
	100%
Ethnicity %	
NZ	40%
NZ E	40%
NZ Maori	12%
Pacific Island	0.6%
Other	7.4%
	100%
Male 42%	Female 58%

Counselling Programme

Home & Family's kaupapa is to provide a skilled and efficient service to all people, regardless of background, culture or economic circumstance.

Specialties include:

- Brief and solution focused therapy
- Person centred therapy
- Narrative Therapy
- Children's play therapy
- Imago therapy for couples
- Relationship counselling
- Family therapy

We are not affiliated to any other group or organization. 85% of running costs (approx. \$80 per hour) come solely from grants & donations.

Email Counselling

Contact us on -
ecounselling@homeandfamily.net.nz

Or look us up on the web -
www.homeandfamily.net.nz



A letter from our files...

I have been coming to Home & Family for about a year and a half. When I first came I felt like my whole life was completely out of control.

I couldn't seem to be able to see my life path clearly at all.

I was swallowed up with the difficulties of looking after my three high need children, and myself not being well for the last few years as well.

Coming to see a counsellor took a lot of courage, but having made the first step to make that first phone call for an appointment was the best thing

I have done for myself. I was very nervous about my first appointment but the receptionist made me feel really welcome and my anxiety was reduced.

My counsellor was fantastic from the first time we met. She showed me true compassion, and did so well to hear what I said at that first appointment, due to the fact that I had fallen apart and cried most of the time of that session! Even though sometimes I don't feel like I can manage to come all the way to town for my sessions, I always do make the effort because I know that the help I have received has been more than I could ever have perceived. I truly feel like I am in control of how my life will go and am able to see things much more clearly and without all the added stresses I had put upon myself in the past.

My counsellor has helped me so much in trying to get me to a point where I don't feel like I'm going to fall into a deep dark hole and not be able to cope with things. Her support and encouragement has been invaluable to me and I feel so happy and grateful to her for my being able to make better decisions, enjoy life and like myself a whole lot more than I ever did. Home and Family has been a life changing decision for me and I am very happy that I made that decision to go.



Name withheld

Stepparent Support Group

The Stepparent Support Group meets one evening a month at Home & Family. Facilitators Don Rowlands, M Ed, MNZAC, Family Counsellor and Wendy Duder Dip ECE, Reg. CAT, Parent Educator, lead discussions on topics of interest, run courses for blended families and arrange guest speakers with expertise in issues relevant to the issues raised.

The Group initially grew from a meeting of stepparents who decided they wanted to continue meeting for support. The group now has a quarterly newsletter, educational material and handouts and individual counselling can be arranged. Last year the group recorded 82 attendances at meetings.

5 Steps to success

Strategies for building a successful step family



1. **"Step by step"** is the best approach, says researcher Rebecca Graham. "When parents talk to the children about this new person in their life and introduce them slowly, that seems to work best. The children feel like their opinion matters."
2. **Talk to each other** about who should be responsible for what: Usually something is said after the step parent has overstepped the mark in the eyes of the biological parent.
3. **Set rules.** An agreed set of house rules usually plastered up on the fridge is an important starting point for step families negotiating their roles, particularly when bringing together two or more sets of children under the same roof.
4. **Discipline is the biggest source of conflict** but more for the adults involved. "Interestingly, the children didn't seem to have a problem with being disciplined by a stepparent. It was more a problem for the biological parent if they felt the step parent had overstepped the mark."
5. **Money, including arguments over child support,** is another contentious issue. Try to keep adult issues between adults and don't involve the children.

Article from the Stepparent Newsletter

Parenting Courses

Group statistics 2006 - 07

	<i>participants</i>
Parenting Courses	37
Personal Development	36
<ul style="list-style-type: none"> • Positive Parenting Programme • Dad - Holding The Baby • Empowered for Life • LifeMapping 	
Age %	
22-30	26%
31-40	35%
41-50	31%
51-60	5%
60+	3%
	100%
Ethnicity %	
NZ	25%
NZ E	37%
NZ Maori	17%
European	5%
Other	5%
	100%
Male 28% Female 72%	

Home & Family run the popular Positive Parenting Programme every term from their rooms at Manchester St. This programme looks at practical effective strategies to manage common behavioural problems and is suitable for parents of children aged 2 - 12 years.

Last year we also ran parenting workshops for agencies such as Plunket as well as community workshops in conjunction with primary schools, e.g. Rolleston Primary.

"If I had my child to raise all over again..."

I'd build self-esteem first, and the house later.
I'd finger paint more, and point the finger less.
I would do less correcting and more
connecting. I'd take my eyes off my watch,
and watch with my eyes.
I would care to know less and know to care more.
I'd take more hikes and fly more kites.
I'd stop playing serious, and seriously play.
I would run through more fields
and gaze at more stars.
I'd do more hugging and less tugging.
I'd see the oak tree in the acorn more often.
I would be firm less often, and affirm much more.
I'd model less about the love of power and more
about the power of love

ANONYMOUS



Personal Development Workshops

Empowered



for life

questions, come to some new answers and to tap more fully into their 'life-force', so as to live with

Simon Jones runs this course for men and women who want to build up their confidence, self esteem and communication skills.

With a background in group work and psychodrama Simon says "Sometimes we need to take time out from the business of our lives and ask ourselves:

"Where have I come from, where am I going, what is it that is really important to me and who am I now? "

My aim is to assist people to ponder these

greater vitality, creativity and wholeness."



Life



Mapping

honours the past, celebrates the present and gives direction to the future.

This year Madeline also ran a LifeMapping course for women from the Deaf Assn.

LifeMapping is a self confidence course for women run each term @ Home & Family by Madeline Bass-Podger.

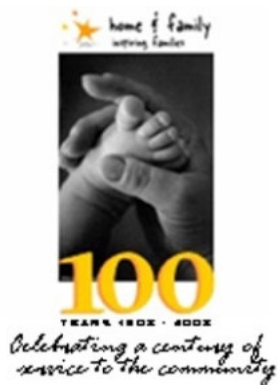
The LifeMap begin as a timeline on a large sheet of paper. Throughout the course a range of creative activities bring the Map to life. Madeline says "we gain a sense of perspective and universal connection through seeing our life laid out as a whole, interwoven with the lives of others.

By looking deeper we can see a path emerging that has been there

from the very beginning. That path contains our life's purpose; it



Centenary news update



A small committee has been working towards the celebration of 100 years of Home & Family Society in Christchurch which occurs in 2008.

The committee is at present working on a book which will be published as part of these celebrations. Contacts have been made with various members from past years and present, inviting them to contribute articles for the book which will record the history from the Society's beginning up until 2007.

It has been interesting talking with people who were involved in the Society many years ago and finding out how the needs of people have evolved since our beginning.

The ways in which funds were raised; the starting of a second hand clothing shop; having people from "Task force Green" to work at the house. This is just a snippet of our history.

The committee looks forward to meeting with people past and present at the functions next year. Invitations will be issued nearer the time, when all details have been finalised.

Jennifer Delaney

Convenor.



The Executive Committee



MARY CALDWELL - President

25 years with the Department of Social Welfare; Past Chairperson of local Parish Council; Family Group Leader; National Secretary of voluntary organization. Vice-Chairperson of voluntary organization; Community Service Award from Burwood/Pegasus Community Board.

Time on Committee: 6 years



JENNIFER DELANEY - Vice President

First came to Home & Family as representative of the North Canterbury Methodist Women's Fellowship. Qualified Playcentre supervisor, Lifemember Playcentre movement. Treasurer of the Canterbury branch of the National Council of Women.

Time on Committee: 13 years



JOHN GOODRICH B Sc. J.P.- Secretary

Senior manager in local government in the UK. Academic Services Manager at Lincoln University. Now self-employed, and working from home as Secretary of a local voluntary conservation organisation.

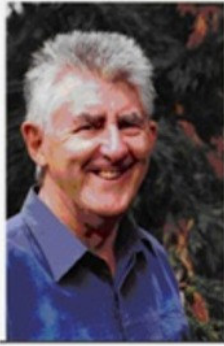
Time on Committee: 13 years



LINDSAY STRATHDEE - Treasurer

A director of the Premier Financial Group Ltd. Extensive business expertise and experience, as well as a record in service to the community.

Time on Committee: 2 years



Our Patron

ROBERT CONSEDINE comes from an Irish Catholic background in Christchurch and has a passion for social justice, from involvement in the civil rights movement in the USA to international relief aid in third world countries.

He has a history of involvement with the Treaty of Waitangi and is the co-author, with his daughter, Joanna of "Healing Our History".

ANNE McCORMACK - *Committee member - 2 years*

Social services supervisor and consultant.

ALISON DELL - *Committee Member - 2 years*

General Nurse. Psychiatric and Midwifery Diplomas. Member of Methodist Women's Fellowship, Probus and the Churches Hospital Support Trust.

REV. ANDREW DONALDSON MEd. Dist., B. Theol (Melb), BA., CELTA (Camb).
- *Committee Member - 1 year*

Background in the social services, church ministry and adult education. Presently an English language teacher in the central city as well as a marriage and funeral celebrant.

PHILLIP DUVAL J.P. LLB.

Committee Member - 1 year

Christchurch businessman and Company Director with a long involvement in the Not For Profit area running regional appeals, online auctions etc. Also involved for over 17 years and now Coordinator, of the Christchurch Police Kiosk Volunteers.



Thank you to our wonderful volunteer counsellors ✨

who so generously donate their time and their skills to make
professional counselling available to everyone.



Amanda Wilde

Liz Cammock

Rosemarie Utting

Eliza Lindstrom

Nicola Mayall



David Millar
Dallas Harema

Wendy Kaser
Shyrell Hansen

Cheryl O'Neil
Michelle Locke

Mary Anne Joseph

and to Bill Delaney

who comes in every week to
do the accounts.

**And to the Executive Committee for their
voluntary dedication and support.**

This year -

899 volunteer counselling hours

260 volunteer accounting hours

216 volunteer committee hours



and to the team at the House



Bronwyn Bentley



Gayleen Tuwhangai

Helen Ross

Debbie May

Carol Watson

It has been another busy year for the Accommodation Programme with many families using our wrap-around service to achieve their goals and leave feeling stronger and more positive. The issues addressed continue to be complex with all of our clients facing multiple problems; issues such as care and protection for children, alcohol and drug addiction, mental health problems, poverty and family breakdown.

Delivering such a high level of support requires the skills of a dedicated team and Home & Family is blessed to have such a group of family workers, who over several years, have been consistent and strong advocates for our clients. While at the most challenging edge of social work this also brings many intrinsic rewards - watching babies smile, children play free from fear and seeing parents becoming more confident in their role and identity.

We also experience the rewards of working in partnership with many agencies and church and fellowship groups, also a most inspiring relationship with Middleton Grange School whose pupils, parents and staff have gotten behind projects over the last three years to improve the safety and aesthetics of the Accommodation Programme's play areas.

Our grateful thanks to all our supporters, many of whom Lynne Trowbridge has already mentioned. And many, many thanks to our client families without whom we would not be encouraged to look at the world and grow in so many different ways.

(Senior Social Worker) **Sandra Talbot**



Donations

Home & Family relies on donations through Trusts and Foundations, Companies and Individuals for 85% of the income needed to provide our services. Your donation will help to ensure we can continue to provide support to our community.



If you would like to make a donation
send your cheque to

Home & Family Society Inc.
PO Box 287, Christchurch
Attention: Lynne Trowbridge
Fundraising Manager

or you can contact Lynne on (03) 379 5645

To donate online

www.homeandfamily.net.nz



What lies behind us and
what lies before us
are tiny matters compared to
what lies within us

Ralph Waldo Emerson
Poet



100

YEARS 1908 - 2008

TE WHARE MANAAKI TANGATA

COUNSELLING - EDUCATION - EMERGENCY ACCOMMODATION

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